

LUNG CANCER

Detect it early.



Screening Conversation Suggestions

Talk about lung cancer screening and smoking if your patient is age 50 to 80 and a current or former smoker.

DISCUSS WHY SCREENING IS IMPORTANT.

- Can detect lung cancer at an early stage, when it's most treatable.
- Has proven to be effective, reducing the risk of dying of lung cancer by 20%
(Source: Talking With Your Patients About Screening for Lung Cancer, U.S. Preventive Services Task Force, December 31, 2013).

DESCRIBE THE SCREENING.

- Low-dose CT scan.
- Evaluated by a multidisciplinary team.
- Covered by most insurance plans and could be free for people who are uninsured or underinsured, through Screening for Life.
- Initiate the shared-decision discussion by educating the patient on the lung screening process and the associated benefits and risks.

REFER SMOKERS TO THE QUITLINE.

- If your patient currently smokes, recommend that they call the Delaware Quitline – 866-409-1858 toll-free – to enroll in the program.
 - The Delaware Quitline is a free service available to residents of Delaware age 18 and older, including college students and members of the military living in the state of Delaware.
 - Phone (five sessions) or face-to-face counseling (three sessions) is available. Delaware offers a unique program – only a handful of states across the country are able to provide both phone and face-to-face counseling.
 - Your patient may be eligible for free nicotine replacement therapy (NRT) and other cessation aids for up to eight weeks. They will receive information about qualification at their first counseling appointment.
 - Aids available: patch, gum, lozenge, nasal spray, inhaler, Zyban, Chantix.

EXPLAIN HOW THE LUNG CANCER SCREENING NURSE NAVIGATOR CAN HELP.

- Can schedule the screening for the patient.
- Makes sure results are provided to the referring provider.
- Provides follow-up help if the result is abnormal.



HealthyDelaware.org/LungRisk



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