

**Division of Public Health
Physical Activity Nutrition Obesity Prevention (PANO)
Advancing Healthy Lifestyles Coalition
Kick-Off Meeting
December 12, 2023**

Meeting Notes

I. Welcome and Introductions

The kick-off meeting was convened at 9:40 am by Dr. Devona Williams [Goeins-Williams Associates, Inc. (GWA), meeting facilitator, at Delaware State University, Bank of America Building, Room 309, in Dover. Devona led the group in introductions. The following individuals were in attendance:

- Ayesha Bailey, Delaware Quitline
- Lauren Butscher, PANO
- April Lyons-Alls, Delaware State University
- Peter Campbell, YMCA of DE
- Lori Ciabatonni, ChristianaCare
- Christina Choma, Division of Public Health
- Harold Mack, Depart. of Corrections
- Rosanna Bardills, Innovative PT
- Karen McGloughlin, Division of Public Health
- Nancy Mears, University of DE Coop Ext
- Monica Lepore, Camp Abilities Delaware
- Natasha Morris-Harrison, Division of Public Health
- Mike Cordrey, AB & C
- Megan Rothermel, Delaware State University
- Tracey Phillips, Delaware State University
- Shorrel Clark, AKA - AAMO
- Karen Johnston, UD 4-H
- Heather Klemanski, Wildflower and Heather
- Laurie Ruggiero, University of DE
- Shawn Stevens, Wilmington University
- Jo Wardell, Delaware Quitline
- Cassadra Davis, DOC
- Debbie Smith, Bayhealth
- Yinka Isichei, American Heart Association
- Jill Hutt, GPBCH
- LaToya Washington, OPHN
- Knolan Rawlins, Delaware State University
- LaVaida Owens-White, DRHMN
- Bet Wong, Nurses Next Door
- Amy Gootee-Ash, Delaware State University
- Molly Yoo, Boys and Girls Clubs of DE
- Lyra Gibbs-Lloyd, DPH
- Romie Lutz, Lutheran Comm. Svs./DE Quitline
- Debbie Harrington, Delaware State University

The remaining agenda items and actions are summarized on the next page.



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Agenda Items	Actions
II. Review the updated vision, mission, priorities, for the AHL Coalition.	<ul style="list-style-type: none"> • The coalition reviewed the vision and mission statements • Dr. Devona Williams presented the updated core values (Inclusive, Build Trust, Collaboration, Collective Action) and strategic goals • The coalition reviewed the priority to increase awareness and community engagement for year one
III. Committee Reports and Coalition Updates	<ul style="list-style-type: none"> • The chairs/co-chairs of each committee presented updates to the Coalition • The partnership committee will explore collaboration with other organizations and coalitions • The program development committee presented the program document • The policy presented their strategy for developing Coalition By-laws • The marketing and communications committee will gather logos from the various organizations represented in the Coalition • The steering committee presented updated regarding the 2nd Annual AHL Conference and slides were shown with the date (June 6), theme and overview. • Mike Cordrey with AB&C Creative presented the updates made to the Healthy Delaware website. A link for the upcoming conference is included on the website. • Jayden Carr presented updates on membership. • Dr. Devona Williams presented the vendor application process to the Coalition
IV. Emotional CPR, Oryx Cohen, Chief Executive Officer National Empowerment Center	<ul style="list-style-type: none"> • Oryx Cohen and Felicity Krueger presented <i>Introduction to Emotional CPR</i>



Dr. Devona Williams, Facilitator
www.goeinswilliams.com

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V.	Healthy Lifestyles and Mental Health, Emily Vera, Executive Director, Mental Health Association in DE	<ul style="list-style-type: none"> Emily Vera presented <i>Healthy Lifestyles and Mental Health</i>
VI.	Door Prizes	<ul style="list-style-type: none"> Lauren Butscher gave away the door prizes with a spin of a wheel, and all members had an equal chance to win. Ayesha Bailey with DE Quitline provided the gift bags along with gift cards provided by PANO for the prizes.
VII.	Wrap Up and Next Steps	<ul style="list-style-type: none"> Devona will update the strategic plan, committee assignments, prepare committee report template. Committee leads will schedule and convene meeting of their committee, prepare a written report, and committee will report out at December meeting. Updates will be made to the AHL Coalition website, and the link will be provided to members. Upcoming meeting schedule: December 12, March 12, 9:30 am – 12 pm, DSU, Bank of DE Building, Room 309. Annual Conference is June 6 at the DSU MLK Conference Center.
VIII.	Adjournment	<ul style="list-style-type: none"> 12:00 pm

The Meeting Notes were completed by GWA.

