Meeting Notes

I. Welcome and Introductions

The kick-off meeting was convened at 9:40 am by Dr. Devona Williams [Goeins-Williams Associates, Inc. (GWA), meeting facilitator, at Delaware State University, Bank of America Building, Room 309, in Dover. Devona led the group in introductions. The following individuals were in attendance:

- Ayesha Bailey, Delaware Quitline
- Lauren Butscher, PANO
- April Lyons-Alls, Delaware State University
- Peter Campbell, YMCA of DE
- Lori Ciabattoni, ChristianaCare
- Christina Choma, Division of Public Health
- Mike Cordrey, AB & C
- Megan Rothermel, Delaware State University
- Shorel Clark, AKA - AAMO
- Karen Johnston, UD 4-H
- **Jo Wardell**, Delaware Quitline
- Cassadra Davis, DOC
- Jill Hutt, GPBCH
- LaToya Washington, OPHN
- LaVaida Owens-White, DRHMN
- Amy Gootee-Ash, Delaware State University
- Romie Lutz, Lutheran Comm. Srvs./DE Quitline
- Harold Mack, Depart. of Corrections
- Rosanna Bardills, Innovative PT
- Karen McGloughlin, Division of Public Health
- Nancy Mears, University of DE Coop Ext
- Monica Lepore, Camp Abilities Delaware
- Natasha Morris-Harrison, Division of Public Health
- Catalina Natalini, Lingua Franca
- Tracey Phillips, Delaware State University
- Heather Klemanski, Wildflower and Heather
- Laurie Ruggiero, University of DE
- Shawn Stevens, Wilmington University
- Debbie Smith, Bayhealth
- Yinka Isichei, American Heart Association
- Knolan Rawlins, Delaware State University
- Bet Wong, Nurses Next Door
- Molly Yoo, Boys and Girls Clubs of DE
- **Lyra Gibbs-Lloyd**, DPH
- Debbie Harrington, Delaware State University

The remaining agenda items and actions are summarized on the next page.
## Agenda Items

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<tr>
<th>II.</th>
<th>Review the updated vision, mission, priorities, for the AHL Coalition.</th>
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<td>- The coalition reviewed the vision and mission statements</td>
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<td>- Dr. Devona Williams presented the updated core values (Inclusive, Build Trust, Collaboration, Collective Action) and strategic goals</td>
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<td>- The coalition reviewed the priority to increase awareness and community engagement for year one</td>
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<th>III.</th>
<th>Committee Reports and Coalition Updates</th>
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<td>- The chairs/co-chairs of each committee presented updates to the Coalition</td>
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<td>- The partnership committee <strong>will explore collaboration with other organizations and coalitions</strong></td>
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<td>- The program development committee presented the program document</td>
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<td>- The policy presented their strategy for developing Coalition By-laws</td>
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<td>- The marketing and communications committee will gather logos from the various organizations represented in the Coalition</td>
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<td>- The steering committee presented updated regarding the 2nd Annual AHL Conference and slides were shown with the date (June 6), theme and overview.</td>
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<td>- Mike Cordrey with AB&amp;C Creative presented the updates made to the Healthy Delaware website. A link for the upcoming conference is included on the website.</td>
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<td>- Jayden Carr presented updates on membership.</td>
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<td>- Dr. Devona Williams presented the vendor application process to the Coalition</td>
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<th>IV.</th>
<th>Emotional CPR, Oryx Cohen, Chief Executive Officer National Empowerment Center</th>
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<td></td>
<td>- Oryx Cohen and Felicity Krueger presented <em>Introduction to Emotional CPR</em></td>
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Dr. Devona Williams, Facilitator  
www.goeinswilliams.com
## Division of Public Health
### Physical Activity Nutrition Obesity Prevention (PANO)
#### Advancing Healthy Lifestyles Coalition
##### Kick-Off Meeting
##### December 12, 2023

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<th>V.</th>
<th>Healthy Lifestyles and Mental Health, Emily Vera, Executive Director, Mental Health Association in DE</th>
<th>• Emily Vera presented <em>Healthy Lifestyles and Mental Health</em></th>
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| VI. | Door Prizes                                                                                     | • Lauren Butscher gave away the door prizes with a spin of a wheel, and all members had an equal chance to win.  
• Ayesha Bailey with DE Quitline provided the gift bags along with gift cards provided by PANO for the prizes. |
| VII. | Wrap Up and Next Steps                                                                          | • Devona will update the strategic plan, committee assignments, prepare committee report template.  
• Committee leads will schedule and convene meeting of their committee, prepare a written report, and committee will report out at December meeting.  
• Updates will be made to the AHL Coalition website, and the link will be provided to members.  
• Upcoming meeting schedule: December 12, March 12, 9:30 am – 12 pm, DSU, Bank of DE Building, Room 309. Annual Conference is June 6 at the DSU MLK Conference Center. |
| VIII. | Adjournment                                                                                    | • 12:00 pm |

*The Meeting Notes were completed by GWA.*