

Dear Health Care Provider,

It's no secret that tobacco use during pregnancy can harm a developing fetus. There's also growing concern about vaping's effects on unborn children.

That's why we'd like you to help us make pregnant women aware of the risks and encourage them to quit smoking, vaping, or using smokeless tobacco. In this kit, you'll find a new booklet that helps women learn the dangers of using tobacco products while they're pregnant, plus reminder posters to hang in examination rooms.

We've also included hot/cold packs bearing the Quitline contact information, as well as spa kits that moms-to-be can use to practice self-care while quitting.

We want to provide you with all the support and tools you need to help women who are pregnant quit smoking, vaping, or using smokeless tobacco. We welcome your feedback and comments, and encourage you to share any success stories or other thoughts with us as well.

If you wish to refer someone to our Quitline cessation program, simply fill out the enclosed referral form and fax it to us. This form may also be found and completed online at **HealthyDelaware.org/TobaccoMaterials**. Once you fax the referral form, the Delaware Quitline will contact your patient. You can also order more copies of the enclosed toolkit at **HealthyDelaware.org/TobaccoMaterials**.

Thank you in advance for joining us. Together, we can help more women understand the risks of using tobacco while pregnant.

Cordially,



Lisa Moore
Delaware Division of Public Health
Director, Tobacco Prevention and Control Program



DELAWARE HEALTH AND SOCIAL SERVICES
Division of Public Health
Tobacco Prevention and Control Program